



**Bronxville
Adult
School**



**Fall/Winter
2010
Course
Catalog**

68th Program

September 13, 2010 – February 18, 2011

THE BRONXVILLE ADULT SCHOOL, INC.

a non-profit educational institution chartered by the New York State Board of Regents

A LETTER FROM OUR CHAIRMAN

Dear Friends,

It's almost back-to-school time in the Village. The Bronxville Adult School, now in our 68th year, will once again be offering many exciting new courses and trips. There's a Festive Wine and Cheese Pairing, hosted by two wonderful local merchants; a restaurant sampler at Bistro Rollin in Pelham; an American Heart Association-accredited course on Emergency Care for Infants and Children; trips to the Louis Armstrong House Museum, the Cathedral of St. John the Divine, and—just in time for Halloween—a walking tour of Macabre Greenwich Village.

You can use your favorite pictures to make a unique Digital Photo Calendar; attend an Introduction to Solar Photovoltaic Systems for Homeowners to find out about this alternative energy source; enjoy the Big Band experience; or participate in an Introduction to Memoir Writing. There are multiple levels of four languages to meet the needs of world or armchair travelers.

Cooking, bridge and computers are perennial favorites, and we have some new offerings in these categories, too. For cooking, both Nancy Contessa and David McCann are back; Caroline Fitzgibbons, author of "The Dinner Dilemma" column for myhometownbronxville.com is completely new to the Adult School, as is Michael Otsuka of Flourish in Scarsdale.

New in bridge are Next Step, Competitive Bidding and Mini-Duplicate; and in computers, we're offering MS Word for Absolute Beginners, a Computer Skills Lab, and Blog On. In short, there are nearly 100 courses on offer during the Fall and Winter semesters. We hope you'll register for at least one of them, by phone using Visa or MasterCard, or through the mail.

We would also greatly appreciate your tax-deductible contributions to help us continue our long tradition of community service.

In closing, I offer a fond farewell to Marjorie MacAllister, our Executive Director for the past five years, and the face of the Bronxville Adult School to students, faculty, and the community at large. Thank you, Marjorie, for a job superbly done. At the same time, we warmly welcome our new Executive Director, Barbara Begert, from whom we expect exciting new developments.

Sincerely,
Juli Jackson, Chairman

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MISSION STATEMENT

The Bronxville Adult School is a not-for-profit organization incorporated in 1957 and chartered by the New York State Board of Regents. Recognizing the importance of life-long learning, the Bronxville Adult School offers all adults of Bronxville and surrounding communities the opportunity for personal growth through life-enhancing skills and provides cultural, intellectual and recreational stimulation at a nominal cost.

CONTACT INFORMATION
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Brochure Design & Production by Rosemary Campion, Blackbird Creative Services, Bronxville, NY

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* Denotes New Class

F denotes Fall Term. **W** denotes Winter Term.

TRIPS* AND ONE-TIME CLASSES AT A GLANCE

September

Sept 13	Garden in a Bottle
Sept 13	Hypnosis for Weight-Loss
Sept 13	Ladies' Day Cooking Class AM ✨
Sept 14	Ladies' Day Cooking Class PM
Sept 14	Heart Saver CPR/AED
Sept 15	Remarkable Wines on a Budget
Sept 20	Crab Cakes to Die for!
Sept 21	The Dinner Dilemma
Sept 21	Reverse Mortgages
Sept 21	Notary Public Training
Sept 21	Build Your Own Website
Sept 23	Conquer Clutter in Your Home & Office
Sept 27	Bountiful Buffet Cooking Class AM ✨
Sept 28	French Bistro Cooking at Bistro Rollin
Sept 28	Emergency Care for Infants and Children
Sept 30	How to Be an Executor
Sept 30	Bountiful Buffet Cooking Class PM

October

Oct 5	Festive Wine & Cheese Pairing at Dobbs & Bishop
Oct 12	Cooking with Heirloom Apples
Oct 12	The Perfect Dinner Party AM ✨
Oct 13	The Perfect Dinner Party PM
Oct 13	Louis Armstrong House Museum & Cafe Henri
Oct 18	Computer Skills Lab
Oct 18	Autumn Dinner Party
Oct 19	Build Your Own Website
Oct 19	Staging Your Home to Sell
Oct 21	Jasper Cropsey House & Gallery & Harvest on Hudson
Oct 21	Voice-overs
Oct 25	Computer Skills Lab
Oct 25	Preserving Family Assets
Oct 25	Holiday Sides Cooking Class AM ✨
Oct 26	Holiday Sides Cooking Class PM
Oct 26	Publish Your Book for under \$100
Oct 27	Macabre Greenwich Village Walking Tour
Oct 28	Senior Residences: Making the Right Choice

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Nov 2	Blog on!
Nov 4	Arthur Avenue: Shopping, Tour & Lunch
Nov 4	Elegant First Courses for Your Holiday Gathering
Nov 8	Small Family Thanksgiving Cooking Class ✨
Nov 9	Small Family Thanksgiving Cooking Class
Nov 9	Skin Care at Enchanté
Nov 15	Turkey Leftovers Cooking Class
Nov 16	What's in Your Make-up Bag?
Nov 16	Build Your Own Website
Nov 30	Selling on eBay: Intermediate/Advanced

December

Dec 3	St. John the Divine & Terrace in the Sky
Dec 6	Christmas Cookies

January

Jan 11	Build Your Own Website
Jan 10	Just Chicken AM ✨
Jan 11	Just Chicken PM
Jan 24	Homemade Pasta
Jan 31	Soup & Salad AM ✨

February

Feb 1	Soup & Salad PM
Feb 7	Tomato-less Pasta Sauces

*Trips appear in bold letters
✨ denotes daytime class

TRIPS

LOUIS ARMSTRONG HOUSE MUSEUM and CAFÉ HENRI

Louis Armstrong – arguably the world’s most famous jazz musician of his day – could have lived almost anywhere. But in 1943, he and his wife, Lucille, settled into this modest house in Corona, Queens where they lived for the rest of their lives. The house and all its furnishings remain very much the same today. Travel by bus to take in an exhibit on Armstrong’s life and legacy, hear rare audio clips of Armstrong playing his trumpet and enjoy his beautiful Japanese-inspired garden. ***Only the ground floor is wheelchair-accessible; the historic house tour requires the ability to climb two sets of steep stairs and to stand for 40 minutes. You may enjoy a virtual tour instead.*** Lunch will be at Café Henri, a Zagat-rated French restaurant in nearby Hunters Point.

Wednesday, October 13 10:30 am – 3:30 pm \$100

Bus leaves from and returns to Bronxville Women’s Club, 135 Midland Avenue.

JASPER CROPSEY HOUSE & ART GALLERY and HARVEST on HUDSON

Travel to Hastings-on-Hudson to explore the world of the famous Hudson River School painter Jasper Cropsey. Tour his palatial home and art gallery, courtesy of the Newington Foundation, and learn about his life and sublime art. The Gallery has one of the most extensive collections of Cropsey’s art in the world. Lunch will be at nearby Zagat-rated Harvest on Hudson featuring fresh, Mediterranean-inspired cuisine.

Thursday, October 21 10:00 am – 3:00 pm \$110

Bus leaves from and returns to Bronxville Women’s Club, 135 Midland Avenue.

MACABRE GREENWICH VILLAGE

Celebrate the Halloween season with some of the spookiest stories in New York – murders, famous missing persons, hauntings, specters, ghosts... Join us for a two-hour tour led by Manhattan historian and tour guide ***Joyce Gold***. Highlights include the Washington Square Park graveyard, the 19th century Jewish graveyard, Newgate prison, Edgar Allan Poe’s home (his inspiration for “The Raven”) and the day the music died. Death lies in plain view – if you know where to look!

Wednesday, October 27 2:00 – 4:00 pm \$35

Meet at Washington Arch at Fifth Ave., just south of 8th Street at 1:50 pm.

ARTHUR AVENUE: TOUR, SHOPPING and LUNCH at TRA di NOI

Enjoy ***Sheila Landsberg’s*** guided tour of the Avenue featuring the freshest ingredients of the highest quality at reasonable prices. Learn where to buy bread, meats, fish, cheese, fresh pasta, dessert and more. Lunch will be at the lovely Tra di Noi.

Thursday, November 4 9:00 am – 3:00 pm \$100

Bus leaves from and returns to Bronxville Women’s Club, 135 Midland Avenue.

CATHEDRAL CHURCH of ST. JOHN the DIVINE and TERRACE in the SKY

Join our guide ***Jerome Cline*** for a tour of the Cathedral’s extraordinary art and architecture. Begun in 1892, it is the Seat of the Bishop of the Episcopal Diocese of NY, and the largest cathedral in the world. Take in thousands of works of art including wrought iron, stone, and the priceless Barberini tapestries as well as world-famous, brilliant stained glass windows. The magnificent rose window (designed by Charles J. Connick, who also designed stained glass windows in Bronxville’s Reformed Church and Christ Church) is the largest in the United States. Following the tour, enjoy panoramic views of the Manhattan skyline over a lovely lunch at Columbia University’s Terrace in the Sky.

Friday, December 3 9:00 am – 3:30 pm \$115

Bus leaves from and returns to Bronxville Women’s Club, 135 Midland Avenue.

BRIDGE

BEGINNER BRIDGE

Bridge is hotter than ever! Every day, thousands of people play bridge at home, on the Internet and at social and public clubs in this area. Learn the rules of the game, the basics of Standard American Bidding and the basics of play and defense. **Recommended textbook: "Bidding in the 21st Century: The Club Series" (ACBL Bridge) (Spiral Bound) available on Amazon or from instructor.**

10 Tuesdays: 11:30 am – 1:00 pm September 14 – November 16 \$250

6 week winter term (continuation): January 4 – February 8 \$150

Fall and winter classes in Reformed Church Calvin Room

NEXT STEP BRIDGE

For those who have recently graduated from the Beginner Class. You will increase confidence and build on your foundation. Feel free to play more slowly, use notes/flippers, discuss hands and ask, "how do I...?" Come on your own or get a group of friends together and set up a game!

10 Tuesdays: 9:30 – 11:15 am September 14 – November 16 \$250

6 week winter term (continuation): January 4 – February 8 \$150

Fall and winter classes in Reformed Church Calvin Room

INTERMEDIATE BRIDGE

Designed for those who already play bridge and want to update their skills. Rustiness is not a problem! We cover all basic aspects of the game, including the Rule of 20, Stayman, Transfers and aspects of declarer play (managing the trump suit, and playing in NT contracts).

10 Mondays: 7:00 – 8:30 pm \$250

September 13 – December 6 (no class October 4, 11 and Nov 29)

6 week winter term (continuation):

January 3 – February 14 (no class January 17) \$150

Fall and winter classes in Bronxville School Faculty Lounge

COMPETITIVE BIDDING

Sharpen your competitive edge! This course covers the information needed when both partnerships are bidding during the auction. We will learn how to make it as difficult as possible for our opponents to reach their best spot. We'll be using more than forty carefully-prepared deals to learn and practice.

5 Wednesdays: 9:30 – 11:15 am September 15 – October 13 \$125

Reformed Church Calvin Room

MINI-DUPLICATE BRIDGE

A gentle introduction to duplicate bridge. Come with your favorite partner, or we will provide you with a partner at each class. Approximately 8 hands will be played with analysis given and discussed, time permitting, at the end of each class. The instructor will be available for help in bidding and planning at all times. We create a friendly and fun environment in which to learn better bridge. An optional discounted textbook is available from the instructor.

Choice of 2 Sections: 5 Wednesdays: 9:30 – 11:15 am \$125

October 20 – November 17

Or

January 5 – February 2

Reformed Church Calvin Room

SUPERVISED PLAY BRIDGE

Don't play out your hand by instinct – a very frustrating experience even if you make your contract. Play a hand with confidence! Understand guidelines for drawing trumps, finessing and establishing suits. Learn how to formulate a plan and how to execute it. We will play and analyze hands.

10 Fridays: 9:30 – 11:15 am \$250

September 17 – November 19

6 week winter term (continuation): January 7 – February 11 \$150

Fall and winter classes in Reformed Church Calvin Room

*Bridge Instructor for all courses: **Sylvia McNamara** is a popular, well-known ACBL accredited teacher, ACBL certified director and accomplished tournament player.*

CAREER • FINANCE

REVERSE MORTGAGES

Reverse mortgages may be the best-kept secret in financial/retirement/long-term care planning. Learn all the facts about this flexible financial tool: how new housing legislation has enhanced the FHA program, offering greater protections to senior homeowners, increased loan amounts and a home purchase program. Discover how this tax-free line-of-credit can be utilized to help protect your assets. Get a solid understanding of the advantages and risks involved.

Tuesday, September 21 7:00 – 9:00 pm BHS Room A-206 \$25

Stephen Lamoreaux, a Reverse Sales Supervisor at Wells Fargo Home Mortgage, has spent fourteen years in the retail and institutional financial markets and more than another decade in the mortgage arena, specializing in reverse mortgages for over seven years.

NOTARY PUBLIC TRAINING

Stand out among the competition! Add a new credential to your resume and be an asset to your company. Learn the legal terminology, concepts and clauses contained in the NYS notary booklet. Tuition includes: study guide, notary fact sheet, practical exam, National Notary Organization pamphlets and brochures, sample forms, notary public application, NYS exam schedule and booklet, 1 year free subscription to Notary Public Central & legal updates. **Bring a pen and highlighter.**

**Tuesday, September 21 7:00 – 10:00 pm \$65
BHS Room A-102**

Notary Public Central was awarded "Special Honoree, 2004" by the National Notary Association.

HOW to BE an EXECUTOR

Have you been named an executor of the estate of a relative or friend? This presentation will provide you with an overview of the legal rights and responsibilities of an executor and explain the gathering of assets, paying of debts, the spousal election, distributing the funds to beneficiaries and general administration of the estate. It will also explain the different status of the administrator of an intestate estate. Learn about your liabilities, responsibilities and your commission.

Thursday, September 30 7:00 – 9:00 pm BHS Room A-102 \$40

David Otis Fuller, Jr. is a partner of Bosworth, Gray & Fuller in Bronxville and Justice of the Village of Tuckahoe.

RESUME WRITING and ONLINE JOB SEARCHES

Finding or changing jobs is challenging even in the best of times. Computers are essential to any successful job search. In the first session, learn the importance of a well-written resume, get tips for better presentation, and discover how an agency or prospective employer will perceive you through your resume. We will explore popular job search engines (e.g., monster.com, nytimes.com) and learn how professional networking websites like linkedin.com can help you market yourself to potential employers. The second session will give you an opportunity to write or update your resume using MS Word and to practice effective search techniques. **Bring your current resume to class.**

**Tuesday & Thursday October 12 & 14 7:00 – 9:00 pm \$75
Bronxville Elementary Computer Lab D-207**

Holly Chase is the Director of Staffing at Brooke St. Staffing in White Plains. She has been in the staffing business for more than 20 years and currently specializes in permanent placement at all levels. Claudia Boyle is a popular computer teacher with more than 20 years of experience.

YOU'RE on the AIR! MAKE IT in VOICE-OVERS

Voice-overs are hot today! You don't have to be an actor to get voice-over work. Learn about an exciting new way to get around the competition and actually turn voice-overs into a thriving full- or part-time business. Learn about the voice-over business as a whole, the numerous opportunities, the income potential and how to have a demo produced. You'll step up to the microphone, do some practice recording and hear the results.

Thursday, October 21 7:00 – 9:00 pm BHS Room A-102 \$45

Rob Sciglimpaglia is a successful voice-over artist whose clients include PBS, TGI Fridays, AMD, the Marines and Reebok.

CAREER • FINANCE

PRESERVING FAMILY ASSETS: AVOID ESTATE TAXES & NURSING HOME COSTS

Learn how to maintain control over your assets. Topics covered, most of which are relevant regardless of your net worth, include the effect of recent changes in the law on estate and asset protection planning, how virtually unlimited amounts of assets can be passed to children free of estate tax, and how senior citizens can protect their homes and other assets from future nursing home costs. An easy-to-understand explanation of how trusts can be used to legally eliminate estate taxes will also be included.

Monday, October 25 7:00 – 9:00 pm BHS Room A-102 \$45

Neil Lubarsky, Esq. has 29 years of experience practicing law and is a Harvard-trained attorney with offices in Purchase. He practices in estate planning, elder law and securities arbitration.

HOW to PUBLISH YOUR BOOK for UNDER \$100

Whether you've written a novel, family history, cookbook, textbook, historical memoir or children's story, getting your words into print has never been easier or cheaper. This one-night intensive course is designed for people who want to publish their book themselves. Learn how to get started, avoid common pitfalls and save money. We'll cover the basics and try to answer all of your questions.

Tuesday, October 26 7:00 – 10:00 pm BHS Room A-102 \$50

Mark G. Young is a writer, editor, teacher and PR professional.

COMPUTERS

INTRO to COMPUTERS

Tracy Lane

This very basic course includes two nights of instruction to get you familiar with the computer and what it can do for you, two nights on MS Word and two nights on the Internet and email.

Textbook included.

**3 Tuesdays and 3 Thursdays: 7:00 – 9:00 pm September 14 – September 30 \$235
BHS Computer Lab A-203**

EXCEL LEVEL 1

Claudia Boyle

Learn to create and format worksheets and present your data in professional-looking charts and graphs. The class includes discussion and exercises based on worksheets, formulas and functions. We will work with data in two formats: numbers and lists. *Some knowledge of Windows is required. Textbook included.*

**2 Tuesdays and 2 Thursdays: 7:00 – 9:00 pm September 14 – September 23 \$170
Bronxville Elementary Computer Lab D-207**

BUILD YOUR OWN WEBSITE

Mark G. Young

This intensive course is designed for people who want to build a website without buying complicated software or reading detailed manuals. We'll cover the basics of selecting a website design, choosing a domain name, and how you can maintain and expand the website yourself. We'll make sure your website is up and running by the end of the evening. *Limited enrollment.*

**Choice of 4 Dates: 7:00 – 10:00 pm \$50
Tuesday, September 21: BHS Computer Lab C-213
Tuesday, October 19: Elementary Computer Lab D-207
Tuesday, November 16: BHS Computer Lab A-203
Tuesday, January 11: BHS Computer Lab A-203**

MS WORD for ABSOLUTE BEGINNERS

Andrea Craparo

This is a slow paced, user-friendly class for students who have not spent much time with computers. Great for seniors. Learn to create, edit and format basic documents for home and office use. Correct spelling and grammar as you type, use different fonts and font sizes, learn how to set margins and more. *Prerequisites: knowing how to type and use a mouse. Textbook included.*

**2 Tuesdays and 2 Thursdays: 7:00 – 9:00 pm October 5 – October 14 \$160
BHS Computer Lab A-203**

COMPUTERS

MS WORD LEVEL 1

Claudia Boyle

In this faster-paced class, you will learn to create, edit and format documents useful for home and office. Correct your spelling and grammar as you type, use bullets, numbering, different fonts, font sizes, margins and more. **Prerequisite: Intro to Computers or comparable experience. Textbook included.**

2 Tuesdays and 2 Thursdays: 7:00 – 9:00 pm September 28 – October 7 \$160
Bronxville Elementary Computer Lab D-207

COMPUTER SKILLS LABS

Computer Staff

If you have taken an introductory computer class, or if you just need help working with your documents, using the Internet or sending email, this supervised lab will give you the opportunity to refine your skills. There is no set curriculum, just an opportunity to have your questions answered and make some progress toward your goal. **Limited enrollment.**

Choice of 3 Dates: 7:00 – 9:00 pm \$25
Monday, October 18 Or Monday, October 25 Or Wednesday, November 10
Bronxville Elementary Computer Lab D-207

INTERNET and EMAIL

Andrea Craparo

Learn how to navigate the World Wide Web and see what you have been missing. Find information using popular search engines including Google and Yahoo. You will also send and receive email. Learn to open attachments and use your address book. If you know someone with an email address, bring the address with you to class.

Tuesday & Thursday, October 19 & 21 7:00 – 9:00 pm \$65
BHS Computer Lab A-203

DIGITAL PHOTO ALBUM

Andrea Craparo

Learn how to turn your pictures into an album everyone will admire! You will transfer pictures from your camera onto your computer, organize them, create a slideshow and more. You will also learn how to scan photos and prints into your computer. Once you've captured the pictures you want, learn to crop, rotate and flip, resize, compress and save them. **Prerequisite: Basic PC knowledge with the ability to use the mouse and keyboard. Bring your digital camera, USB cord and some photographs for scanning.**

Tuesday & Thursday October 26 & 28 7:00 – 9:00 pm BHS Computer Lab A-203 \$65

BUYING and SELLING on eBay: Beginners

Computer Staff

Newcomers to eBay will learn about the buying process including browsing, searching and how the bidding process works. The second night will focus on selling; an item will be put up for sale, and we will follow the process from uploading a picture of the item to determining how it will sell.

Choice of 2 Dates: 7:00 – 8:30 pm \$65
Tuesday & Thursday, October 26 & 28
Or
Tuesday & Thursday, January 25 & 27
Bronxville Elementary Computer Lab D-207

BLOG ON!

Andrea Craparo

You don't have to be a Web wizard to start a blog – all are welcome! Come discover what the buzz is all about. Blogging is an inexpensive way to connect with others and to showcase your photos or writing. Learn how to get started, how to promote your blog and to how to fight blogger's block. We'll also discuss copyright and safety considerations on the web.

Tuesday, November 2 7:00 – 9:00 pm BHS Computer Lab A-203 \$35

COMPUTERS

MS WORD LEVEL 2

Claudia Boyle

Make the leap to professional-looking advanced formatting of your home and office documents. Use tables and banish tabs from your life forever! Discover how mail merge can simplify the creation of repetitive documents; create labels and address lists. **Prerequisite: Word 1 or comparable experience and some knowledge of Windows. Textbook included.**

3 Tuesdays and 1 Thursday: 7:00 – 9:00 pm **\$160**
November 2 – November 16 (no class November 11)
Bronxville Elementary Computer Lab D-207

SELLING ON eBAY: Intermediate/Advanced

Anne Marie Damashek

Get the latest advice on writing an effective title and description, pricing strategies, the importance of research, tips for good photos, shipping services, listing tools and how to maximize your profit. Class will also address students' concerns.

Tuesday, November 30 **7:00 – 9:00 pm** **\$50**
Bronxville Elementary Computer Lab D-207

POWERPOINT

Mary M. Mooney

Learn how to create those visually compelling presentations you've admired at meetings, parties or weddings. Use wizards and templates for a quick start on your own professional-looking presentations. Be ready for your next presentation or special event! **Textbook included.**

Tuesday & Thursday, December 7 & 9 **7:00 – 9:00 pm** **\$95**
BHS Elementary Computer Lab D-207

EXCEL LEVEL 2

Claudia Boyle

Build on the skills learned in Excel I. The first night of class is a refresher. The remaining four nights will build on that knowledge with advanced and conditional formatting, working with lists, application of basic and advanced functions, charts, sheet management and more. We use the 2003 version. If you have Excel 2007 on your laptop, please bring it to class to work in that version. **Note: After learning the mechanics of Excel, keep in mind that writing formulas will depend upon your ability to logically work out a problem and translate that into Excel. Textbook included.**

3 Tuesdays and 2 Thursdays: 7:00 – 9:00 pm **\$220**
January 4 – January 18
Bronxville Elementary Computer Lab D-207

Our Computer Staff:

Claudia Boyle has been involved with computers for more than 20 years, teaching elementary after-school to college level classes. This is her 8th year with BAS. If she had any spare time, Claudia would read user manuals.

Andrea Craparo, MS, Elementary Education, Sage College, teaches English Language Arts and Science by day and a variety of computer classes by night. This is her third year with BAS.

Anne Marie Damashek is the owner of AM-PM Auctions, full-time eBay seller for over 7 years.

Karen DeMatteo has taught practical computer classes for BAS for the past five years.

Tracy Lane is a manager in the telecommunication industry with over 10 years experience in financial system implementations, upgrades and training. She holds a masters degree in Education and is a licensed CPA.

Diane Luisi has taught a variety of computer classes for BAS for the past five years.

Mary Mooney, M.B.A., Iona College, is an Adjunct Professor of Computer Information Systems at Concordia College with a background in corporate information technology and finance.

Mark G. Young is a writer, editor, teacher and PR professional.

COOKING • FOOD • WINE

Register for two cooking classes and receive \$5 off each additional cooking class!

REMARKABLE WINES on a BUDGET

How do you make your wine dollar stretch? **Ed Dowd** of **Parkway Liquor Store** will help you find delicious wines to enjoy with dinner every night and great party wines that don't break the bank. From reds to whites to sparkling wines – it's time to raise a glass to undiscovered-value wines of the world – easy on the pocket, but big on taste.

Wednesday, September 15 **7:00 – 8:30 pm** **\$50**
Parkway Liquor Store, 68 Palmer Avenue

THE DINNER DILEMMA

Get help solving your dinner dilemma with **Caroline Fitzgibbons**, author of “**The Dinner Dilemma**” column for **myhometownbronxville.com**. Join Caroline in her kitchen for this demonstration class — a fun evening of cooking, tasting and learning — to make a fabulous, yet easy, complete meal — from starter to dessert.

Tuesday, September 21 **7:00 – 9:00 pm** **\$50**
Chef's home: address and directions to be supplied after registration.

FRENCH BISTRO COOKING at BISTRO ROLLIN

If you yearn for those flavorful bistro dishes from your last trip to Paris, don't miss this demonstration class and three-course meal by **Chef Manny Lozano** (formerly the sous-chef at L'Absinthe in Manhattan). Savor the authentic bistro décor created by owners **Barbara** and **Arthur Bratone** and come away satisfied with recipes to enjoy again with family and friends.

Tuesday, September 28 **7:00 – 8:30 pm** **\$60**
Bistro Rollin, 142 Fifth Avenue, Pelham

FESTIVE WINE & CHEESE PAIRING

Join **Lee Gitter Cruz** and **Alfredo Cruz** of the **Wine and Spirits Emporium of Bronxville** and **Kevin** and **Ruth McNeill** of **Dobbs & Bishop Fine Cheese** for a tasting event including fondue. Our hosts will create delicious pairings of wines and cheeses from around the world, which you will be proud to recreate for your holiday parties!

Tuesday, October 5 **7:00 – 8:30 pm** **\$60**
Dobbs & Bishop Fine Cheese, 107 Pondfield Road

HEIRLOOM APPLES

Michael Otsuka

Join **Chef Michael Otsuka** as he demonstrates three recipes highlighting fall's harvest of heirloom apples. He will discuss the virtues and characteristics of the Hudson Valley's oldest and most prized edible treasures. Menu includes a salad of Belgian endives, candied walnuts, roasted apples, pomegranates and green apple vinaigrette; apple-leek soup with coconut milk, local scallops and kefir lime; and an apple brioche turnover.

Tuesday, October 12 **7:00 - 9:00 pm** **BHS Home Ec Room B-114** **\$50**

ELEGANT FIRST COURSES for YOUR HOLIDAY GATHERINGS

Felicity Bhagwat

Learn to make three different delicious, elegant and deceptively-simple first courses for your holiday meals. These can either be made ahead (a cold dish), or mostly made ahead and perhaps just finished or heated before serving. One recipe will feature shrimp, another will be vegetarian. All will be festive additions to your holiday table! Class is a demonstration with optional hands-on participation.

Thursday, November 4 **7:00 – 9:00 pm** **BHS Home Ec Room B-114** **\$50**

COOKING • FOOD • WINE

COOKING in NANCY'S KITCHEN

These small demonstration classes (day and evening) are held at acclaimed Chef Nancy Contessa's lovely local home. Details supplied after registration. Leave room to enjoy the food!

LADIES' DAY (new)

Planning a birthday or bridal luncheon? We will prepare a delicious menu that will be sure to please both the eyes and taste buds.

Monday, September 13 11:30 am – 1:00 pm \$50

Or

Tuesday, September 14 7:00 – 8:30 pm (same class)

BOUNTIFUL BUFFET (encore)

If you missed this class in May here is another chance... a mostly make-ahead buffet for entertaining. Learn and enjoy flexible recipes that work well for small gatherings or large special occasions.

Monday, September 27 11:30 – 1:00 pm \$50

Or

Wednesday, September 30 7:00 – 8:30 pm (same class)

THE PERFECT DINNER PARTY (new)

A fourth version of Nancy's popular dinner party classes. Everything from appetizer to dessert. A blueprint for successful entertaining!

Tuesday, October 12 11:30 am – 1:00 pm \$50

Or

Wednesday, October 13 7:00 – 8:30 pm (same class)

HOLIDAY SIDES (encore)

Don't stress over your next holiday gathering. Learn classic holiday sides and a few new ones. Most can be prepared in advance.

Monday, October 25 11:30 am – 1:00 pm \$50

Or

Tuesday, October 26 7:00 – 8:30 pm (same class)

SMALL FAMILY THANKSGIVING (new)

A festive and delicious Thanksgiving dinner perfect for 2-6 guests. You'll have perfect turkey, but not the entire bird, so you won't have the carcass in your refrigerator for weeks!

Monday, November 8 11:30 am – 1:00 pm \$50

Or

Tuesday, November 9 7:00 – 8:30 pm (same class)

JUST CHICKEN (encore)

Favorite recipes from two previous sold-out classes including: Chicken Milanese, Chicken Marsala and Lemon Chicken with Artichoke Hearts.

Monday, January 10 11:30 am - 1:00 pm \$50

Or

Tuesday, January 11 7:00 – 8:30 pm (same class)

SOUP and SALAD (new)

Perfect dinners for those snowy nights...What could be better than a steaming bowl of a hearty soup with a delicious fresh salad. Three different soups and salads that will keep your family warm and toasty!

Monday, January 31 11:30 am – 1:00 pm \$50

Or

Tuesday, February 1 7:00 – 8:30 pm (same class)

COOKING • FOOD • WINE

COOKING with DAVID McCANN

David's love of cooking, his extensive knowledge of his subject matter and his engaging presentation make these classes a real delight. These popular and fun demonstration classes meet in Home Ec Room B-114.

CRAB CAKES to DIE for!

Our usually humble chef tells us he is legendary for his mini crab cakes. He will share his classic recipe, plus Thai, Mediterranean and deviled variations. Yum!

Monday, September 20 7:00 – 9:00 pm \$50

AUTUMN DINNER PARTY

Delicious pork tenderloin, a new twist on fall veggies and jeweled wild rice pilaf... Besides tasting great, it looks like you spent all day in the kitchen, but you didn't!

Monday, October 18 7:00 – 9:00 pm \$50

TURKEY LEFTOVERS

Our chef is one of those unusual people who almost prefers the leftovers to the original turkey dinner. Discover great ways to use up the bird, without making anyone say, "Turkey? AGAIN???"

Monday, November 15 7:00 – 9:00 pm \$50

CHRISTMAS COOKIES

Everyone's family has "the best" Christmas cookies, and David promises his is no exception. Snowballs, Melting Moments, Shortbread... Come hungry.

Monday, December 6 7:00 – 9:00 pm \$50

HOMEMADE PASTA

Why go to the store and spend a fortune on refrigerated, preservative-filled "fresh" pasta? Making it at home is simple, delicious, and as much fun as the Play-Doh Factory you had as a child.

Monday, January 24 7:00 – 9:00 pm \$50

TOMATO-LESS PASTA SAUCES

There's a whole world of pasta sauces that aren't based on the ubiquitous tomato. Herbs, nuts, meats, broths... Let's make a few delicious additions to your pasta sauce repertoire.

Monday, February 7 7:00 – 9:00 pm \$50

Our Chefs:

Felicity Bhagwat, a former Bronxville School parent, has taught a wide variety of cooking classes for BAS. Originally from Austria, Felicity studied cooking abroad, developing a passion for multi-national cooking while living all around the world.

Michael Otsuka of Flourish Baking company in Scarsdale is partner and husband of Diane Forley of NYC Verbena restaurant fame. He has over 25 years professional cooking experience. Most notable were stints as Executive Chef of Thalia in Manhattan, Patina in Los Angeles, and The Lark Creek Inn in Larkspur, CA. He received his training in exceptional kitchens in France and Belgium. See www.flourishbakingcompany.com

Nancy Contessa's long-time passion for cooking is well-known to all those who still use the 1997 Bronxville School Cookbook she helped to produce. Nancy's favorite place to be is in the kitchen cooking for family and friends.

Caroline Fitzgibbons is a forty-something wife, mother, gourmet cook and food devotee. For her, food is personal, and creating it can be pure, unadulterated love. It can also be a chore – one that just needs to get done. Caroline is all about melding the two – and having fun along the way! Enjoy her blog at www.thedinnerdilemma.com

David McCann is an actor, playwright, teacher, food writer and recipe developer whose recipes and articles have appeared in **Great American Home Cooking** and **Everyday with Rachel Ray**.

DANCE

CHA CHA & MAMBO/SALSA SHINE STEPS: BEGINNERS & ADVANCED BEGINNERS

Learn these exciting and energetic challenge steps! No partnering, just a warm-up using slower Latin music including *rhumba* and *bolero*, then on to the fun! **No partner needed.**

**8 Tuesdays: 7:15 – 8:15 pm September 14 – November 2 \$150 per person
Bronxville Elementary North Playroom**

LATIN BALLROOM DANCING: BEGINNERS

The sensuous Afro-Caribbean social dances will be taught starting with the traditional *rhumba*, *mambo* and *cha cha*. Next, onto the rollin' beat of the *meringue* to learn Cuban motion, and then finish up with the spiciest dance around: the *salsa*. **Couples only.**

**8 Tuesdays: 8:30 – 9:30 pm September 14 – November 2 \$200 per couple
Bronxville Elementary North Playroom**

WALTZ, FOXTROT & RHUMBA: BEGINNERS & ADVANCED BEGINNERS

Discover this trio of slow, romantic dances. The traveling *waltz* and *foxtrot* will prepare you for your next social occasion or business function. The *rhumba* with its sensuous hip motion is an excellent way to learn Latin dancing from Cuba. **Couples only.**

**8 Thursdays: 7:15 – 8:15 pm September 16 – November 4 \$200 per couple
Bronxville Elementary North Playroom**

THE HUSTLE: INTERMEDIATE & ADVANCED

A misnomer for the very sophisticated, urban dance that brought back “touch dancing.” If you find yourself sitting out when disco music is being played, this is your chance to get on the floor and have fun dancing in style! **Couples only.**

**8 Thursdays: 8:30 – 9:30 pm September 16 – November 4 \$200 per couple
Bronxville Elementary North Playroom**

BALLROOM DANCE: 2-Night Crash Course: BEGINNERS & ADVANCED BEGINNERS

No time to take an 8-week course? Wedding or party date approaching? Join this four-hour course featuring the *waltz* and *foxtrot*, and learn enough slow, romantic dancing to get you through the big event with grace and style. **Couples only.**

**Tuesday & Thursday, November 16 & 18 7:30 – 9:30 pm \$110 per couple
Bronxville Elementary North Playroom**

GENTLE BALLROOM: ABSOLUTE BEGINNERS

Do you want to learn to dance but worry about feeling lost? Whether you struggle with weight changes, steps, rhythm or all three, this gentle class is for you. No partnering is involved, so there is no need to be concerned about lead and follow in this specially-tailored class. A unique opportunity! **No partner needed.**

**4 Thursdays: 7:30 – 8:30 pm January 6 – 27
Bronxville Elementary North Playroom \$85 per person**

Dance Instructor for all courses: Carol Sundquist has taught for more than 25 years at schools including the Sandra Cameron Dance Center in NYC. Her background includes all styles of ballroom dance. An associate member of the Society of Stage Directors and Choreographers (SDC), Carol has taught at BAS for the past seven years.

GOLF • TENNIS • FITNESS • PADDLE

Register for one fitness class and receive \$10 off each additional fitness class!

GOLF LESSONS AT LAKE ISLE

We will address every aspect of the game from rules and etiquette to short game and full swing. This class is great for meeting others interested in working on their game and having fun. In the Beginning Ladies' Group, we will work on skills together as a group to overcome the intimidation that can come with beginning golf. We will go on the course to get you adjusted to the culture of being there. **Meet at Lake Isle Country Club Pro Shop.**

GOLF • TENNIS • FITNESS • PADDLE

BEGINNING LADIES (limited to 7 students):

5 Sundays: 4:30 – 5:45 pm October 3 – October 31 \$215
Or
5 Tuesdays: 5:00 – 6:15 pm September 14 – October 12

INTERMEDIATE MEN & LADIES (limited to 6 students):

5 Sundays: 3:00 – 4:15 pm October 3 – October 31 \$215

INTENSIVE BEGINNER / INTERMEDIATE LADIES (limited to 3 students):

5 Wednesdays: 9:00 – 11:00 am September 22 – October 20 \$325
Or
5 Thursdays: 9:00 – 11:00 am September 16 – October 14

Kevin Chin has been a teaching professional at Lake Isle Country Club for the past nine years. He is a TGS certified instructor who has passed the PGA Playing Ability Test. He has produced and been featured in instructional golf videos for Westchester County public access television.

TENNIS LESSONS at VILLAGE TENNIS COURTS

Get out on the court and work on your skills, have fun and meet other people interested in playing. Everyone is welcome. **Please wear appropriate tennis attire (white not required) and sneakers (no black soles) and bring your own racket.** Tennis balls provided.

Absolute Beginners – Choice of 2 Sections: \$100

6 Mondays: 9:00 – 10:00 am September 13 – October 25 (no class October 11)
6 Saturdays: 1:00 – 2:00 pm September 11 – October 23 (no class October 9)

Advanced Beginners – Choice of 2 Sections: \$100

6 Mondays: 10:00 – 11:00 am September 13 – October 25 (no class October 11)
6 Sundays: 1:00 – 2:00 pm September 12 – October 24 (no class October 10)

Bronxville Village Tennis Courts, Garden Avenue

Mike Virgilio, a popular tennis instructor, has taught for the Village of Bronxville for over 25 years.

ZUMBALATES

Heidy Pashinin

An invigorating combination of Zumba, a Latin, dance-based cardio class, and Pilates, a stretching and core-conditioning class. Sixty minutes of dancing, fun and calorie-burning, followed by thirty minutes of stretching for the spine and core muscles. **Flexible dance shoes or sneakers and aerobic clothing are recommended; bring a bottle of water.**

10 Mondays: 7:00 – 8:00 pm for Zumba only \$200

Or
7:00 – 8:30 pm for Zumba and Pilates \$250
September 13 – November 22 (no class October 11)
6 week winter term (continuation): \$120 for Zumba only; \$150 for Zumba & Pilates
January 3 – February 14 (no class January 17)

Bronxville Elementary School South Playroom

ZUMBA GOLD

A lower-intensity, gentler class perfect for beginners and those who have not exercised in a while. Enjoy the same great Latin styles of music and dance used in our Monday night Zumbalates. An effective total body and cardio workout designed to improve balance, strength and flexibility. **Flexible dance shoes or sneakers and aerobic clothing are recommended; bring a bottle of water.**

10 Tuesdays: 7:00 – 8:00 pm September 14 – November 16 \$200
6 week winter term (continuation): January 4 – February 8 \$120

Bronxville Elementary School South Playroom

Heidy Pashinin has more than nine years of experience as a fitness instructor and a background in dance, Pilates and yoga. Currently teaching at a popular local sports club, Heidy is dedicated to making the choreography of her dance classes/workouts exciting, fresh and fun.

GOLF • TENNIS • FITNESS • PADDLE

YOGA

Mary Beltran

The ultimate exercise. It stretches, tones and relaxes. Benefits are gained at every level. Wear comfortable clothing (no perfume or scented soap, please) and bring a mat or blanket to class.

YOGA BEGINNING AM

10 Fridays: 10:30 – 11:30 am	September 17 – November 19	\$200
6 week winter term (continuation):	January 7 – February 11	\$120
Or		
10 Tuesdays: 10:30 – 11:30 am	September 14 – November 16	\$200
6 week winter term (continuation)	January 4 – February 8	\$120

Bronxville Women's Club, 135 Midland Avenue

YOGA BEGINNING PM

10 Thursdays: 7:30 – 8:30 pm	\$200
September 16 – December 2 (no class November 11 and 25)	
6 week winter term (continuation):	\$120
January 6 – February 10	

Bronxville Elementary South Playroom

YOGA INTERMEDIATE AM

10 Fridays: 9:30 – 10:30 am	\$200
September 17 – November 19	
6 week winter term (continuation):	\$120
January 7 – February 11	

Bronxville Women's Club, 135 Midland Avenue

YOGA INTERMEDIATE PM

10 Mondays: 7:30 – 8:30 pm	\$200
September 13 – November 22 (no class October 11)	
6 week winter term (continuation):	\$120
January 3 – February 14 (no class January 17)	

Bronxville Elementary North Playroom

PILATES AM

Mary Beltran

Tone and strengthen the core of your body in the class that everyone raves about. Pilates is a terrific abdominal workout. Wear comfortable clothes (no perfume or scented soap, please) and bring an exercise mat and small towel.

10 Tuesdays: 9:30 – 10:30 am	\$200
September 14 – November 16	
6 week winter term (continuation):	\$120
January 4 – February 8	

Bronxville Women's Club, 135 Midland Avenue

PILATES PM

8 Wednesdays: 7:30 – 8:30 pm	\$160
October 20 – December 15 (no class November 24)	
6 week winter term (continuation):	\$120
January 5 – February 9	

Bronxville Elementary South Playroom

Mary Beltran, LMT, RYT, is a registered Yoga teacher certified in Kripalu Yoga and a certified Pilates and breathing work teacher. She is also a licensed massage therapist and is certified by the American Council for Exercise as a personal trainer and group instructor.

GOLF • TENNIS • FITNESS • PADDLE

PADDLE TENNIS

Calling all beginner paddle players and players with some experience who would like to get back into the game! The Bronxville Village Paddle Committee is offering four lessons to help you hone or brush up on your skills. A Bronxville Village paddle permit is not required. Paddle balls will be provided; courts will be lighted when conditions require. **Please indicate on your registration form if you will need to borrow a paddle racket for the class.**

4 Wednesdays: 7:00 – 8:30 pm September 22 – October 13 \$60
Bronxville Village Paddle Courts, Paxton Avenue

Sugar Genereaux is the Head Instructor of the Bronxville Village Paddle Courts, a member of the Village Paddle Committee and a long-time paddle tennis player.

HEALTH • SAFETY

HEART SAVER CPR/AED

Karen Sheer

This class provides instruction in adult, child and infant CPR, teaching you how to recognize breathing difficulty and cardiac arrest and how to provide immediate care. We demonstrate using the AED (automatic electronic defibrillator) to restart the heart while awaiting professional care. We also cover choking rescue for adults, children and infants. The class includes significant practice as well as a DVD-based teaching component. Students will receive a two-year CPR certification by the American Heart Association and a practice workbook and CD. **Limited registration.**

Tuesday, September 14 7:00 – 10:00 pm Bronxville School Multi-purpose Room \$65

EMERGENCY CARE for INFANTS and CHILDREN

Plan your immediate response to common childhood medical emergencies. Learn what to do in case of burns, bites, stings, poisoning and common injuries. We'll also cover infant and child choking rescue, rescue breathing and CPR. Learn when and how to use an AED. You will receive an American Heart Association CPR card for Infants and Children and a Child First Aid student workbook with CD. **Limited registration.**

Tuesday, September 28 7:00 – 9:00 pm Bronxville School Multi-purpose Room \$65

Karen Sheer, a NY State Emergency Medical Technician, has been an active officer in the Scarsdale Volunteer Ambulance Corps for 26 years. She has managed the Public Access Defibrillation Program at Citigroup U.S. and has taught CPR and First Aid for many community groups.

DEFENSIVE DRIVING

NY State law requires that principal drivers completing this course receive a 10% discount on automobile insurance for liability, collision and no-fault premiums for 3 full years. In addition, completion will cause the NY DMV to deduct 4 points from your driver record. A certificate will be mailed to you to present to your insurer. This class may be repeated every eighteen months for point reduction.

Choice of 2 sessions: 7:00 – 10:00 pm Monday & Tuesday, September 27 & 28 \$55
Or
Monday & Tuesday, November 29 & 30 BHS Room A-102

Driver Improvement Programs is an award-winning member of the National Safety Council.

HOBBIES • LEISURE

GARDEN IN A BOTTLE: BUILD and MAINTAIN a TERRARIUM

Bring your favorite glass vessel with or without a lid (up to 18" tall and 12" wide) to design a miniature world. Also bring found objects such as seashells, acorns or river stones to create a woodland path, seashore or tropical paradise. We'll provide plants, moss, soil, sand, gravel and charcoal. Bring scissors and a plastic sprayer. **REGISTRATION DEADLINE: SEPTEMBER 1**

Monday, September 13 7:00 – 9:00 pm BHS Home Ec Room B-114 \$45

Maria Colletti, a horticulturist with over 10 years of experience at The New York Botanical Garden, is the manager of the Shop in the Garden. Her career has included interior plantscaping, terrace gardening, floral design, window-box design, and terrarium making.

HOBBIES • LEISURE

STAMPING and PAPER CRAFTING for the HOLIDAYS

Sharon Abrams

Beginners and stampers with some experience will create a stunning variety of small holiday gift items from marble, ceramic and high quality, heavy-stock paper, as well as exquisite cards. Class projects, themed for Halloween, Thanksgiving and Christmas, will include last-minute gifts, easy gift wrapping ideas and decorations for your holiday table and tree. Techniques include stamping, marbling, embossing, layering images, folding and die-cutting to punch out designs. All materials are prepared for you so that class time is spent only on technique.

Tuition includes all materials.

8 Mondays: 7:00 – 9:00 pm \$225

September 20 – November 15 (no class October 11)

Bronxville Elementary Art Room B-106

CREATE a UNIQUE, PERSONALIZED PHOTO CALENDAR

Take your crafting to the next level with this creative class! Use your favorite photos to create a 2011 wall calendar with My Digital Studio software by Stampin' Up! Get a three-dimensional scrapbooking effect without cutting and stamping. You will learn techniques useful for digital albums and memory books. Order multiple calendars to use as holiday gifts! Prerequisites: good knowledge of Windows and MS Word. Bring your favorite photos to the first class on a thumb drive. **Tuition includes one calendar with professional processing and shipping to your home.**

REGISTRATION DEADLINE: SEPTEMBER 1.

8 Thursdays: 7:00 – 9:00 pm \$200

September 23 - November 18 (no class November 11)

BHS Room C-213

Sharon Abrams, Independent Demonstrator for Stampin' Up!, has more than ten years of experience in stamping and related skills. Her specialty is memory books. She also creates invitations, shadowboxes, ornaments and a wide variety of other items. See www.sisterslinkedbyink.com.

BEADED JEWELRY BASICS

Learn to make beaded jewelry for yourself or as gifts. You will learn stringing and crimping, cross-needle weave, peyote, spiral and herringbone stitches. Class will cover an introduction to beads, tools, findings, and color. Projects include a crystal and pearl necklace, crystal bracelet, beaded amulet bag, and easy stitched necklace. Tuition includes all beads and materials except a few basics; a small supply list will be provided. **REGISTRATION DEADLINE: OCTOBER 1.**

4 Tuesdays: 7:00 - 9:30 pm October 26 – November 16 \$185

Bronxville School Faculty Lounge

Jean Geiger has been involved with fiber arts since the age of 8 and has been a serious beader for seven years. She has served on the Board of Directors of the Bead Society of Greater New York.

CHESS CLINIC

Beginning players will receive individual coaching on fundamentals, and more advanced players will improve their game with this carefully-crafted series of eight lessons. Most chess games are won or lost through tactics. This course will help you improve your game for social or tournament play. Learn how to recognize tactical opportunities, how to accurately calculate a tactical sequence and how to incorporate them into your game.

8 Tuesdays: 7:00 – 9:00 September 14 – November 2 BHS Room B-111 \$150

Joe DeMauro is a Correspondence Chess Grandmaster who has played First Board for the United States Team in the Correspondence Chess Olympiad.

GUITAR for BEGINNERS

Learn the fundamentals of playing the guitar including strumming, picking and forming chords. Even if you do not read music, you will learn to play your favorite songs by the end of this eight-week course. This course will not work without making the commitment to practice regularly.

Before signing up, make sure you can devote at least two hours to practice each week. You will need to bring your own guitar. Class will be limited to 8 participants.

8 Thursdays: 7:30 – 8:45 pm September 16 – November 4 BHS Room B-208 \$220

Irwin Finger is a professional singer/songwriter/guitarist with more than 40 years' teaching experience. He splits his time between teaching and performing.

HOUSE • HOME

INTRODUCTION to SOLAR PHOTOVOLTAIC SYSTEMS for HOMEOWNERS

Come learn about this cutting-edge green technology. We will cover the basics of designing and installing both grid-tied systems and off-grid systems. Topics will include cost and available rebates, net metering, site analysis, system components, array layout, mounting options, code requirements, inverters, battery backup systems, output monitoring and system maintenance.

Thursday September 30 7:00 – 10:00 pm BHS Room B-110 \$45

Robert W. Strong, AIA, LEED AP specializes in the sales and installation of Solar PV Design. He is an instructor at Pace University. Visit his website at www.strongworks.com.

CONQUER CLUTTER in YOUR HOME and OFFICE

Carmela Sirico

Are you overwhelmed by mountains of newspapers, messy closets and unmanageable files? Disorganization leads to stress, frustration and chaos in your life. We will address problems of procrastination, time management and the difference between organizing and "tidying up." You will be taught practical skills and techniques to get and stay organized in your home and office to enjoy a clutter-free life.

Thursday, September 23 7:00 – 8:30 BHS Room B-212 \$40

STAGING YOUR HOME to SELL

Make your home a standout in a buyer's market by staging it to sell. Learn clutter removal strategies, key staging techniques, how to rearrange layouts and recycle items you already have. While keeping to your budget, learn when to make modest repairs – repainting, replacing countertops, floors or carpeting – and when to renovate kitchens and baths.

Tuesday, October 19 7:00 – 8:30 pm BHS Room B-212 \$40

Carmela Sirico is a realtor, a trained stager and professional organizer.

LANGUAGES

FRENCH 1

Jacqueline Considine

This basic course in French conversation emphasizes realistic dialogues, culture and essentials for travel in French-speaking countries.

10 Mondays: 7:00 – 8:30 pm \$200

September 13 – November 22 (no class October 11)

6 week winter term (continuation): \$120

January 3 – February 14 (no class January 17)

BHS Room B-112

FRENCH 1 Plus

Jacqueline Considine

Designed for those who have completed French 1 or have some comparable experience.

10 Tuesdays: 7:00 – 8:30 pm \$200

September 14 – November 16

6 week winter term (continuation): \$120

January 4 – February 8

BHS Room B-112

FRENCH 2

Nathalie Dunn

Improve your speaking and writing skills through study of more advanced grammar. You will develop better communication skills in simple, real-life situations.

10 Thursdays: 7:00 – 8:30 pm \$200

September 16 – December 2 (no class November 11, 25)

6 week winter term (continuation): \$120

January 6 – February 10

BHS Room B-112

LANGUAGES

GERMAN FOR BEGINNERS

Susanne Servin

German is easier than you think. Come learn the basics of language including some grammar and hear about the culture of German-speaking countries in a friendly, conversational setting. In no time you will be ready for your next trip to Germany, Austria or Switzerland. A textbook is extra.

8 Wednesdays: 7:30 – 9:00 pm **\$160**

October 20 – December 15 (no class Nov. 24)

6 week winter term (continuation) **\$120**

January 5 – February 9

BHS Room A-207

GERMAN INTERMEDIATE

Susanne Servin

For students who have a basic knowledge of German or who have completed the beginner course. Improve your conversational skills and vocabulary while furthering your knowledge of grammar. We frequently have returning students who love the German language. A textbook is extra.

10 Mondays: 7:30 – 9:00 pm **\$200**

September 13 – November 22 (no class October 11)

6 week winter term (continuation): **\$120**

January 3 – February 14 (no class January 17)

BHS Room A-207

ITALIAN 1

Letizia Alvisi Seirup

Come learn the basics of pronunciation, grammar, and idiomatic expressions in an atmosphere designed to develop your confidence to speak Italian.

10 Mondays: 7:00 – 8:30 pm **\$200**

September 13 – November 22 (no class October 11)

6 week winter term (continuation): **\$120**

January 3 – February 14 (no class January 17)

BHS Room B-204

INTERMEDIATE ITALIAN

Almira Bubesi

For students who have completed a beginner course or have basic knowledge of the language. Pronunciation and grammar will continue to be taught but the emphasis is more conversational.

10 Mondays: 7:30 – 9:00 pm **\$200**

September 13 – November 22 (no class October 11)

6 week winter term (continuation): **\$120**

January 3 – February 14 (no class January 17)

BHS Room B-202

ADVANCED ITALIAN

Almira Bubesi

For students who have completed an intermediate course or who have comparable experience.

10 Thursdays: 7:30 – 9:00 pm **September 16 – December 2 (no class November 11, 25)** **\$200**

6 week winter term (continuation): **January 6 – February 10** **\$120**

BHS Room B-202

SPANISH 1

Michele Celestino

This introductory course in Spanish examines basic grammar in the context of everyday situations. A conversational approach will reinforce essential vocabulary and useful phrases. The 8-week schedule will have you done before Thanksgiving.

8 Tuesdays: 7:30 – 9:00 pm **September 14 – November 2** **\$160**

6 week winter term (continuation): **\$120**

January 4 – February 8

BHS Room B-204

LANGUAGES

SPANISH INTERMEDIATE

Michele Celestino

A class for those who currently have or once had a basic knowledge of key Spanish vocabulary, grammar and structure. Our 8-week schedule will have you done before Thanksgiving.

8 Thursdays: 7:30 – 9:00 pm **September 16 – November 4** **\$160**
6 week winter term (continuation): **January 6 – February 10** **\$120**
BHS Room B-204

Language Faculty:

Almira Bubesi teaches Italian and French at the Thornton-Donovan School.

Michele Celestino has taught French and Spanish in middle and high schools and has been teaching at the Bronxville Adult School for more than nine years.

Jacqueline Considine is a teacher, a native of France and a local resident.

Nathalie Dunn, Paris native and popular private tutor, joins us for her sixth year.

Letizia Alvisi Seirup is on the faculty of the Foreign Language Department in the Upper Division of Horace Mann School. She has taught Italian language and literature at Sarah Lawrence College, the International School of Florence and Middlebury College.

Susanne Servin, a native of Vienna, has her own company, working with German-speaking countries.

PERSONAL DEVELOPMENT • LIFESTYLES

DYNAMIC SPEAKING

What makes some public speakers so dynamic and compelling? Warmth, passion, humor, approachability...the best public speakers are really connected to their own humanity. Use your own unique personal qualities to get your message across. Ground yourself through relaxation and concentration exercises, make your intentions more specific and really “own” your message. Learn how to connect to your material and your audience in a personal and dynamic manner.

3 Mondays: 7:00 – 8:30 pm **September 13 – 27** **BHS Room B-208** **\$75**

Kim Plumridge has been a professional actor for more than two decades and an acting teacher since 2001. She currently teaches acting at the prestigious MTB Studio in NYC. See www.kmpcreative.org.

UNLOCK YOUR BRAIN: HYPNOSIS for WEIGHT-LOSS

Discover how hypnosis can be used as an effective tool in weight reduction. We will dispel myths and misconceptions and demonstrate how to harness your subconscious to work toward your goal. Experience a hypnotic weight-loss induction and have your individual concerns answered. **Tuition includes an instructional CD.**

Monday, September 13 **7:00 – 9:00 pm** **BHS Room A-102** **\$35**

Wendy Packer is a registered nurse and certified hypnotist / certified forensic hypnotist with a private practice in New Rochelle. See www.hypnonurse.com.

THE KINGDOM of HEAVEN: MEDITATION in a JUDEO-CHRISTIAN CONTEXT

The serenity of the Buddhist tradition...the heart-centered elation of the yogic path...the simplicity of the mindfulness method: all this wisdom and more is embedded in the Bible. We will explore four universal fundamentals of meditation: postural alignment, breath awareness, mantra and mind training. We will incorporate readings and discussions of the Old and New Testaments as well as a variety of classics of Eastern spirituality. Everyone can embrace this easy means of peaceful self-awareness and reap a host of positive changes.

4 Thursdays: 6:00 – 7:30 pm **September 23 – October 14** **\$135**
Christ Church Crispell Lounge, 17 Sagamore Road

Mary Reilly Nichols has a degree in Anthropology from Harvard and completed five years of residency in meditation ashrams in India and in the US. She works in the field of stress management in psychiatric settings. She teaches workshops on classical yogic texts and tantric philosophy and has studied and taught meditation and yoga for over thirty years.

PERSONAL DEVELOPMENT • LIFESTYLES

SENIOR RESIDENCES: MAKING the RIGHT CHOICE

Finding an appropriate senior residence for yourself or a parent and making the right decision can feel overwhelming. Knowing the difference between independent living and assisted living, recognizing when physical needs can only be met in a nursing home and being aware of the legal considerations involved are critical in making the right decision. This class will explain the continuum of care from independent living to nursing homes.

Thursday, October 28 7:00 – 9:00 pm BHS Room A-102 \$20

Miriam Zucker, ACSW, founder of Directions in Aging, is an elder care consultant and professional geriatric care manager. She also serves on the faculty of The Brookdale Center for Healthy Aging and Longevity of Hunter College.

CLASSES at ENCHANTÉ

Sign up for both Skin Care and Make-Up Bag Classes for \$50!

SKIN CARE BASICS

With new information bombarding us on a daily basis, figuring out a plan for good, basic skin care can be daunting. Let us help de-mystify it for you! Learn about your skin type and how to best care for your skin. Get the latest information on anti-aging ingredients, anti-oxidants, serums, peptides, sunscreens, aromatherapy, plant extracts and other hot topics. This hands-on class includes plenty of time for questions and answers. **Limited registration.**

Tuesday, November 9 7:00 – 9:00 pm \$30

Enchanté, 66 Pondfield Road

WHAT'S in YOUR MAKE-UP BAG?

Bring in your cosmetic bag and have our professional make-up artists give you the skinny on what is working for you, what to discard, add or replace. Less is more! Maybe one product can do the job of three or four you carry. Learn how you can use some products in a new way, how to cut down on the time you spend and what you carry. And see which new colors work best for your holiday parties! **Limited registration.**

Tuesday, November 16 7:00 – 9:00 pm \$30

Enchanté, 66 Pondfield Road

Adrienne Ganz, owner of Enchanté, is a professional make-up artist and former Estee Lauder marketing and training professional with more than twenty years of experience. Jessica Ganz is a professional make-up artist and the manager of Enchanté. See www.enchanteltd.com.

READING • WRITING • HISTORY

INTRODUCTION to MEMOIR WRITING

Have you yearned to express yourself in writing but felt you never had the time, place or talent? We will help unlock the treasure chest of memories which frequently lie dormant unless they are cultivated by self or others. We will create a supportive place where you will learn to find your voice, transform images and thoughts into words and evocative descriptions and write in a more authentic way. There will be weekly writing exercises, sharing of ideas and inspirations, as well as reading your compositions aloud to the group.

6 Thursdays: 7:00 – 8:30 pm September 16 – October 21 \$120

BHS Room A-104

Sarajane Brittis, Ph.D., is a writer specializing in life histories. She is also a consultant whose work focuses on staff and organizational development in health care settings.

READING • WRITING • HISTORY

THE HISTORY of CHRISTIANITY

We will begin where the Christian Church began, at Pentecost. Then it's on to early church leaders, the growth of the church under the Roman Empire, Charlemagne and the rise of feudalism, monasticism, and the great schism. We will look at how Christianity developed during the late Middle Ages and how it divided again during the Reformation. Finally we'll consider the role Christianity has played in the formation of America.

2 Thursdays: September 30 & October 7 7:30 – 9:00 pm BHS Room A-207 \$50

Linda Howitt teaches the History of the Catholic Church at the School of the Holy Child in Rye, and has taught numerous courses on the Bible at both BAS and Westchester Community College. She has also written two novels.

MYSTERIOUS BOOKS

A continuing course on mystery fiction (newcomers welcome!). This fall, we will continue to concentrate on the contribution made to the genre by women authors. Booklist will be provided before the first class.

6 Thursdays: 7:00 – 9:00 pm BHS Room A-206 \$120
October 7 – November 18 (no class November 11)

Jean Geiger writes grants for a living and reads mysteries to keep sane. Her dream is to finish the mystery novel she has been working on for many years. Jean has taught at BAS since 1996.

STUDIO ART

En PLEIN AIR PAINTING

Jessica Cioffoletti

Join us this fall as we spend some afternoons outside observing Bronxville's natural beauty and painting the landscape around us. Learn the basics of strong composition, color, scale and perspective in the changing light of day. ***The first class meets on the front lawn of the Bronxville School, and we will walk to a nearby location. Details and supply list will be provided prior to the first class.***

3 Saturdays: 1:30 – 4:30 pm \$90
September 11, 25 & October 2 (no class September 18)

WATERCOLORS

Beginner and advanced students alike will profit from this technique class. Students will be guided through each phase of creating a finished work of art. Subjects will include florals, still-lives and landscapes. ***A supply list will be provided prior to class.***

10 Mondays: 7:00 – 9:00 pm September 13 – November 22 (no class October 11) \$200
6 week winter term (continuation): January 3 – February 14 (no class January 17) \$120
BHS Art Room C-316

Or
10 Tuesdays: 7:00 – 9:00 pm September 14 – November 16 \$200
6 week winter term (continuation): January 4 – February 8 \$120
BHS Art Room C-316

MOSAIC WORKSHOP

Lisa Vassalotti

A flip through any popular home décor magazine or catalog is sure to include eye-catching mosaic home accessories and accent pieces. Learn to create patterns with tiles to enhance flat-surfaced items such as frames, mirrors, coasters, trays or small tables. Design and work on several projects of your choice. You may bring to class any flat-surfaced, preferably wooden objects or use the forms that will be supplied. You may also bring in any size tiles or broken bowls or plates you would like to incorporate into your work, or select from the tiles we will supply. Half the fun is in selecting your materials! ***Limited enrollment.***

7 Thursdays: 7:00 – 9:30 pm \$275 (includes all necessary equipment and materials)
September 16 – October 28
Bronxville Elementary Art Room B-106

STUDIO ART

OIL PAINTING for the BEGINNER

Joseph Fama

This course teaches the basic skills needed to produce a successful painting. It includes proper use of materials, and it covers the study of the Value scale by painting in black and white. We will explore the three primary colors and progressively study all the colors by mixing and applying them. The goal is to assist each of you in developing your own style as an artist. Homework assignments will be given to help maximize your progress. **Supply list provided after registration.**

10 Thursdays: 7:00 – 9:00 pm \$200
September 16 – December 2 (no class November 11, 25)
6 week winter term (continuation): \$120
January 6 – February 10
BHS Art Room C-316

STAINED GLASS WORKSHOP: BEGINNER / INTERMEDIATE

Ronnee Peters

Beginners will learn the copper foil method of stained glass construction, the method used by Louis Comfort Tiffany. We'll cover designing, cutting, foiling and soldering, and you will work at your own pace. Intermediate students can work in three dimensions to create a lampshade and boxes. All students can complete two to four projects, depending on skill and amount of time spent outside class.

Materials fees payable to instructor: Beginners: \$125 for materials and tools needed for dozens of projects plus glass for first project. Additional glass and optional tools are available from the instructor.
Intermediates: \$65 for glass and lamp bases: bring your own tools.

8 Tuesdays: 6:30 – 9:30 pm September 21 – November 9 \$140
Bronxville Elementary Art Room B-106

DRAWING WITH COLORED PENCILS: 2 LEVELS

Bonnie Cotnoir

Discover the potential of this exciting and enjoyable medium. Whether you are an oil painter, watercolorist, pastel artist or work in another medium, learning colored pencil techniques will enhance and inspire your work. **Supply list provided after registration.**

Beginners: 6 Tuesdays: 7:00 – 9:00 pm October 19 – November 23 \$120
BHS Home Ec Room B-114

Intermediate (prerequisite: some experience working with colored pencils) \$120
6 Wednesdays: 7:00 – 9:00
October 20 – December 1 (no class November 24)
Bronxville Elementary Art Room B-106

ACRYLICS and OILS: ADVANCED BEGINNERS

Joseph Fama

An exciting opportunity for those with some experience to continue to develop skills and styles in painting still-life and landscapes. You will utilize principles followed by the masters for hundreds of years. **Supply list provided after registration.**

8 Wednesdays: 7:00 – 9:00 pm \$160
October 20 – December 15 (no class November 24)
6 week winter term (continuation): \$120
January 5 – February 9
BHS Art Room C-316

Our Art Faculty:

Jessica Cioffoletti is an artist, administrator and arts educator who currently teaches oil painting and drawing privately and at Concordia College's Art at Concordia program. Jessica holds a B.A. from SUNY Albany and an M.S. in Studio Art from the College of New Rochelle.

Bonnie Cotnoir is an experienced teacher who has won numerous awards for her work. See www.artandflowersny.com.

(Continued on page 26)

STUDIO ART

Joseph Fama, an award-winning artist, often captures inspiration from scenes in nature and from history. His “Western Collection,” detailed oil paintings of the Old West, has been widely exhibited. He has been an advertising agency art director, a designer for Christopher Radko and an adjunct art professor at Westchester Community College. See www.josephfama.com.

Jean Vincenza Liggio, listed in Who’s Who of American Women, is a long-time teacher, with numerous awards. She has staged many exhibitions of her work in the NY metropolitan area.

Ronnee Peters is a well-known stained glass designer, artisan and teacher. She has her M.A. in Education and has been working with stained glass since 1981. See www.capturedglass.net for samples of Ronnee’s work.

Lisa Vassalotti, B.A. in Arts Education, Manhattanville College, has taught popular workshops at local schools and the Pelham Art Center. For pictures of works by Lisa and her students, see www.bronxvilleadultschool.org.

Idea for a new class? Or a teacher?
Call us at (914) 793-4435
or email adultschool@bronxvilleschool.org

YOU NEED TO KNOW

ENTRANCE INFORMATION for BRONXVILLE SCHOOL: Due to district safety rules, the only two entrances open in the evening are: Pondfield Road (main entrance at the flagpole) and elementary entrance (on Midland Ave. next to playground). The Pondfield entrance is the only one staffed by Adult School personnel on the first night of a new class. If you are unsure of the location of your classroom, we suggest you use the Pondfield entrance. However, for fitness and dance classes, we recommend that you park in the faculty lot on Midland Avenue and use the elementary entrance, which is much closer to those classes. Signs will be posted, and the elementary playrooms are easy to find.

ACCESSIBILITY: Many of our classrooms are accessible to persons with disabilities. Please advise us when you register if you have any special needs.

REGISTRATION: You may register by mail using check, Visa or MasterCard, or over the phone. Registration is ongoing. Classes are filled in the order in which registrations are received. Notice of acceptance will not be sent. Please email us at adultschool@bronxvilleschool.org or call the office, (914) 793-4435, if you would like confirmation.

CANCELLATIONS/REFUNDS: A class that does not have sufficient enrollment will be cancelled. You will be notified by phone or email if a class is cancelled. Payment will be refunded only when a class is cancelled or over-subscribed.

WEATHER: For closings due to bad weather, listen to WFAS (1230 AM and 103.9 FM) or call (914) 793-4435. When the Bronxville School is closed for the day, our classes are automatically cancelled.

GENERAL: The Bronxville Adult School is not responsible for any advice or consultation given within or beyond the classroom setting or in course curriculum material. Students assume responsibility for damage to or loss of personal property or injury on premises or off-site.

SCHOOL CLOSING DATES: October 11, November 11, 24 – 26, January 17.

Registration Form

Name _____

Address _____ Apt.# _____

City _____ State _____ Zip _____

Day Phone _____ Evening _____ Cell _____

E-mail _____

Please check if you would like to receive email updates.

Course _____ Time _____ Dates _____ Fee \$ _____

Course _____ Time _____ Dates _____ Fee \$ _____

Course _____ Time _____ Dates _____ Fee \$ _____

Course _____ Time _____ Dates _____ Fee \$ _____

Please list additional courses on reverse side or on separate sheet

I wish to make a tax-deductible donation \$ _____

I would like to purchase a gift certificate for _____ *in the amount of* \$ _____

Payment Options:

Total \$ _____

To pay by check, make it payable to Bronxville Adult School

To pay by credit card, complete this section Visa MasterCard

Credit Card Number _____ Expiration Date _____

Signature of Cardholder _____ Print name as it appears on card _____

Bronxville Adult School • P.O. Box 334 • Bronxville, NY 10708



Registration Form

Name _____

Address _____ Apt.# _____

City _____ State _____ Zip _____

Day Phone _____ Evening _____ Cell _____

E-mail _____

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To pay by credit card, complete this section Visa MasterCard

Credit Card Number _____ Expiration Date _____

Signature of Cardholder _____ Print name as it appears on card _____

Bronxville Adult School • P.O. Box 334 • Bronxville, NY 10708

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For information: (914) 793-4435

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